

Fighting the Extreme Stigma of More than One Abortion

Avoid Saying	Say This Instead	Explanation
Repeat Abortion	<p><i>A person who has had abortions</i></p> <p><i>People who have more than one abortion</i></p>	<p>Pregnancies and their outcomes do not repeat. Each is a unique experience. Repeat abortion sounds like repeat offender.</p>
Multiple Abortions	<p><i>A person who has had abortions</i></p> <p><i>People who have more than one abortion</i></p>	<p>Multiple creates a binary of good v. bad by separating people who have 'an abortion' from the rest. Multiple is not commonly used when talking about pregnancies and their other outcomes. Multiple is often used as a synonym for 'many, numerous, lots of,' implying that people who have more than an abortion are out of control.</p>
An Abortion avoid in certain contexts where a plural can be used.)	<p><i>Abortions — use the plural when referencing more than one person, and when generalizing.</i></p>	<p>In many contexts, the plural abortions can be used to dilute the stigma that implies only one abortion is acceptable. Examples: Abortions are healthcare. Abortions are normal. People who have an abortion abortions are wise and responsible.</p>