



### EFFICACY

#### OF THE MEDICATION

Abortion using Mifepristone plus Misoprostol is very safe and is effective 95-98% of the time if taken during the first 10 weeks of pregnancy.

#### IN CASE THE MEDICATION DID NOT WORK



Repeat the abortion by repeating the misoprostol dose or by having Manual Vacuum Aspiration (MVA). There is a very small risk of birth defects if pregnancy continues after taking misoprostol.



### WAS MY ABORTION SUCCESSFUL?

Even if the woman feels she is not pregnant anymore, it is important to make sure the abortion was successful. Women should either do an ultrasound after the medical abortion or do a pregnancy test 3-4 weeks after the abortion.



### AFTER THE ABORTION



After the abortion, a woman should expect light bleeding for 1-3 weeks, but every woman is different. Afterwards, the woman should confirm that the abortion was successful.



Women are advised not to insert anything into the vagina (tampons), have bath and sex until heavy bleeding stops, approximately for 2 days, after a medication abortion



**A woman can get pregnant immediately after an abortion!**

If she doesn't want to get pregnant immediately she can start good contraception to prevent a new unwanted pregnancy.



### ORGANIZATIONAL INFORMATION

Women Help Women  
**WEB:** [HTTPS://WOMENHELP.ORG/](https://womenhelp.org/)  
**EMAIL:** [INFO@WOMENHELP.ORG](mailto:info@womenhelp.org)  
**TWITTER:** @WOMENHELPORG  
**FACEBOOK:** WOMENHELPWOMENINTERNATIONAL

MAMA Network  
**MOBILIZING ACTIVISTS** around **MEDICAL ABORTION (MAMA).**

# MEDICAL ABORTION

WITH MIFEPRISTONE PLUS MISOPROSTOL (COMBINED METHOD)





### HOW DOES IT WORK?

Medical abortion causes a process like a miscarriage.



MIFEPRISTONE



MISOPROSTOL

Mifepristone blocks progesterone, an hormone necessary to maintain a pregnancy and it also makes the uterus more receptive to Misoprostol.



Misoprostol causes contractions of the uterus, which result in the expulsion of the pregnancy tissue, clots and blood.

### WHEN CAN IT BE USED FOR SAFE ABORTION?



0 >>> 10 weeks

Ideally in the first 10 weeks of gestation counting from the first day of the last menstrual cycle.



### HOW IS IT ADMINISTERED TO INDUCE AN ABORTION?



MIFEPRISTONE 200mg



MISOPROSTOL 200mcg each

A woman will need 1 Mifepristone tablet (200 mg) plus 4 Misoprostol tablets (200 mcg each)



MIFEPRISTONE



The Mifepristone should be swallowed with a glass of water

24 hours later the woman can use **4 pills of Misoprostol** buccally



between the gum and the cheek, **two on the left side and two on the right side.**

**All four pills should be left in the mouth** for approximately 30 minutes to dissolve.



### POSSIBLE SIDE EFFECTS

Within the first 24 hours the following symptoms may occur: nausea, vomiting, diarrhea, fever with or without chills, headache and / or dizziness. These side-effects are not dangerous and will disappear within a few hours



### WHAT CAN BE EXPECTED AFTER USING THE MEDICATION?



Cramps and vaginal bleeding stronger than what happens during the menstruation



In 90% of cases, **the expulsion of the pregnancy** happens during the first 24 hours.



The longer the woman has been pregnant, the stronger the bleeding and cramps will be.



She can use **ibuprofen or panadol** to relieve the pain.



### WHAT ARE THE WARNING SIGNS (COMPLICATIONS)?



Excessive bleeding (2 or 3 pads filled per hour for more than 2 or 3 hours in a row) 



High Fever (more than 39 Celsius), or 38 Celsius for more than 24h 



Strong pain that does not go away with painkillers and few days after taking the medicines



Smelly, abnormal vaginal discharge

### WHAT TO DO IN CASE OF COMPLICATIONS?



**Go immediately to a health center.**

In case of a medical emergency, **medical personnel have the obligation to attend to the person in a timely manner.** The treatment for complications is the same as for complications after a miscarriage. **It is not possible to see the difference between a miscarriage and an induced abortion with mifepristone and misoprostol.** A woman in need of medical care **can say she has had a miscarriage.**